

**Psalm 23**

מִזְמוֹר לְדָוִד יְהוָה רֹעִי לֹא אֶחְסָר:

A psalm of David.

The LORD is my shepherd;

I lack nothing.

בְּנֵאֻת דְּשָׂא יִרְבִּיצֵנִי עַל־מִי מְנַחֵת יְנַהֲלֵנִי:

He makes me lie down in green pastures;

He leads me to water in places of repose;

נִפְשִׁי יִשׁוּבֵב יְנַחֵנִי בְּמַעְגְלֵי־צֶדֶק לְמַעַן שְׁמוֹ:

He renews my life;

He guides me in right paths

as befits His name.

גַּם כִּי־אֵלֶּף בְּגִיא צַלְמוֹת לֹא־אִירָא רָע כִּי־אַתָּה עִמָּדִי שִׁבְטְךָ וּמַשְׁעַנְתְּךָ הֵמָּה יְנַחֲמֵנִי:

Though I walk through a valley of deepest darkness,

I fear no harm, for You are with me;

Your rod and Your staff—they comfort me.

מַעַרְךָ לִפְנֵי אֵל שִׁלְחֹן גִּגְד צַרְרֵי דִשְׁנֹת בְּשֶׁמֶן רֹאשִׁי כּוֹסֵי רַנִּיה:

You spread a table for me in full view of my enemies;

You anoint my head with oil;

my drink is abundant.

אֵף אִ טוֹב וְחַסֵּד יִרְדְּפוּנִי כָּל־יְמֵי חַיִּי וְשִׁבְתִּי בְּבֵית־יְהוָה לְאָרְךָ יָמַי: {פ}

Only goodness and steadfast love shall pursue me

all the days of my life,

and I shall dwell in the house of the LORD

for many long years.

**ESV translation**

A Psalm of David.

[1](#)The Lord is my shepherd; I shall not want.

[2](#)He makes me lie down in green pastures.

He leads me beside still waters.

3He restores my soul.

He leads me in paths of righteousness  
for his name's sake.

4Even though I walk through the valley of the shadow of death,

I will fear no evil,  
for you are with me;  
your rod and your staff,  
they comfort me.

5You prepare a table before me

in the presence of my enemies;  
you anoint my head with oil;  
my cup overflows.

6Surely goodness and mercy shall follow me

all the days of my life,  
and I shall dwell in the house of the Lord  
forever.

### Surah 93 Dhuha

○ ١- وَالضُّحَىٰ

1. By the Glorious Morning Light,

○ ٢- وَاللَّيْلِ إِذَا سَجَىٰ

2. And by the Night When it is still,—

○ ٣- مَا وَدَّعَكَ رَبُّكَ وَمَا قَلَىٰ

3. Thy Guardian-Lord Hath not forsaken thee, Nor is He displeased.

○ ٤- وَلَلْآخِرَةُ خَيْرٌ لَّكَ مِنَ الْأُولَىٰ

4. And verily the hereafter Will be better for thee Than the present.

○ ٥- وَلَسَوْفَ يُعْطِيكَ رَبُّكَ فَتَرْضَىٰ

5. And soon will thy Guardian-Lord give thee (That wherewith) thou Shalt be well-pleased.

○ ٦- أَلَمْ يَجِدْكَ يَتِيمًا فَآوَىٰ

6. Did He not find thee An orphan and give thee Shelter (and care) ?

○ ٧- وَوَجَدَكَ ضَالًّا فَهَدَىٰ

7. And He found thee Wandering, and He gave Thee guidance.

○ ٨- وَوَجَدَكَ عَائِلًا فَأَغْنَىٰ

8. And He found thee In need, and made Thee independent.

○ ٩- فَأَمَّا الْيَتِيمَ فَلَا تَقْهَرْ

9. Therefore, treat not the orphan with harshness,

○ ١٠- وَأَمَّا السَّائِلَ فَلَا تَنْهَرْ

10. Nor repulse the petitioner (Unheard) ;

○ ١١- وَأَمَّا بِنِعْمَةِ رَبِّكَ فَحَدِّثْ

11. But the Bounty Of thy Lord— Rehearse and proclaim !

### Surah 94 Inshirah

○ ١- أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ

1. Have We not Expanded thee thy breast ?—

○ ٢- وَوَضَعْنَا عَنْكَ وِزْرَكَ

2. And removed from thee Thy burden

○ ٣- الَّذِي أَنْقَضَ ظَهْرَكَ

3. The which did gall Thy back ?—

○ ٤- وَرَفَعْنَا لَكَ ذِكْرَكَ

4. And raised high the esteem (In which) thou (art held) ?

○ ٥- فَإِنَّ مَعَ الْعُسْرِ يُسْرًا

5. So verily, With every difficulty, There is relief :

○ ٦- إِنَّ مَعَ الْعُسْرِ يُسْرًا

6. Verily, with every difficulty There is relief.

○ ٧- فَإِذَا فَرَغْتَ فَانصَبْ

7. Therefore, when thou art Free (from thine immediate task), Still labor hard,

○ ٨- وَإِلَىٰ رَبِّكَ فَارْغَبْ

8. And to thy Lord Turn (all) thy attention.

## 93. THE MORNING BRIGHTNESS

*An early Meccan sura addressed to the Prophet, to reassure him, when he had not received revelation for some time, that his Lord had not forsaken him.*

In the name of God, the Lord of Mercy, the Giver of Mercy

<sup>1</sup>By the morning brightness <sup>2</sup>and by the night when it grows still, <sup>3</sup>your Lord has not forsaken you [Prophet], nor does He hate you, <sup>4</sup>and the future will be better for you than the past; <sup>5</sup>your Lord is sure to give you so much that you will be well satisfied. <sup>6</sup>Did He not find you an orphan and shelter you? <sup>7</sup>Did He not find you lost and guide you? <sup>8</sup>Did He not find you in need and make you self-sufficient?

<sup>9</sup>So do not be harsh with the orphan <sup>10</sup>and do not chide the one who asks for help; <sup>11</sup>talk about the blessings of your Lord.

## 94. RELIEF

*This Meccan sura, addressed to the Prophet, is a continuation of the reassurance and encouragement given in Sura 93.*

In the name of God, the Lord of Mercy, the Giver of Mercy

<sup>1</sup>Did We not relieve your heart for you [Prophet], <sup>2</sup>and remove the burden <sup>3</sup>that weighed so heavily on your back, <sup>4</sup>and raise your reputation high? <sup>5</sup>So truly where there is hardship there is also ease; <sup>6</sup>truly where there is hardship there is also ease. <sup>7</sup>The moment you are freed [of one task] work on, <sup>8</sup>and turn to your Lord for everything.